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**LAS 26 KATAS DE  
SHOTOKAN por  
Baldor 1ª  
edición. LAS 26  
KATAS DE**

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**SHOTOKAN** (SKI) por  
Baldor □□□□ 8th Dan  
/2015 /16. 1ª edición.  
1/ HEIAN SHODAN 2/  
HEIAN NIDAN 3/ ...

**26 KARATE KATA**

□CITEȘTE DESCRIEREA  
(IMPORTANT)

Devino membru  
Verdonian: <https://www.youtube.com/channel/UCeIG167-YTE6ypTqAlGCHjg/>... ..

**Shotokan Kata - All**  
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**26 Kata in Shotokan  
Karate by Sensei  
Soon Pretorius  
(Former JKA World  
Champion)**

**26 Kata of the  
Shotokan Style -  
Part 1** 26 **Kata** of the  
**Shotokan** style -  
Standard **Kata** 1985  
part 1.

**Tekki Nidan (SLOW)  
- Shotokan Karate  
kata JKA** Tekki Nidan  
performed by Henrik

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Oesten Sensei 5 dan. in  
**Shotokan Karate**

J.K.A. Se more at:  
[www.shotokantv.com](http://www.shotokantv.com).

***Empi (SLOW) -  
Shotokan Karate***

***Kata JKA*** Henrik

Oesten Sensei 5th Dan  
from Denmark,  
performing Empi / Enpi  
in the style of  
Funakoshi Sensei. In  
slowmotion. Please ...

***kanku sho - KARATE  
KATA KARATE KATA***

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KEIO MASTERS (Tokyo)  
& Direct students of  
Master FUNAKOSHI  
WATCH FULL **KATA**,  
multi angles + BUNKAI  
on ...

**26 KATAS**  
**SHOTOKAN** 26  
**KATAS SHOTOKAN.**

***(1/2) Karate Japan vs  
Italy. Final Male  
Team Kata. WKF  
World Karate  
Champions 2012.***

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<http://bit.ly/N7c4H0>

**Karate** Final Male  
Team **Kata** Japan vs  
Italy. WKF World  
**Karate** Championships  
2012. □□□□ ...

***Kata Marathon - 26  
Shotokan Katas in  
one take*** All 26

**Shotokan Karate  
Katas** practiced in one  
single take! Visit [http://  
kampfkunst.jens-  
lorenzen.com](http://kampfkunst.jens-lorenzen.com) and my  
youtube channel for ...

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***Hangetsu - Slow & strong | Shotokan Karate Kata [HD] ▶***

Instagram <https://www.instagram.com/fiore.taglia>

▶ Facebook Shotokan-Kata <https://www.facebook.com/shotokankata>.  
by ...

***Karate Female Team Kata Bronze Medal - Serbia vs Italy - WKF World Championships Belgrade 2010 (1/2)***

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History of **Karate**.

**Karate** Female Team

**Kata** Bronze Medal.

Serbia vs Italy.

Performance of Team

Serbia in the WKF

World ...

## ***Top 10 Best Kata Players in Karate***

Here is Part 2: [https://www.youtube.com/watch](https://www.youtube.com/watch?v=x0IFt7NkftU)

[?v=x0IFt7NkftU](https://www.youtube.com/watch?v=x0IFt7NkftU) **Kata**

(Japanese: 形, or more

traditionally, 型; lit.

"form") is a ...

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**Heian Nidan Step By Step | Shotokan Karate Kata Heian Nidan Tutorial**

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<https://goo.gl/yfMUrr>

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Heian Nidan Tutorial ...

**Primeros pasos - Karate-do** De una forma muy detallada, veremos los primeros

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pasos en el aprendizaje del **karate**-do, como cerrar el puño, rotación hacia ...

**3J KATAS SHOTOKAN / JI'IN, JION y JITTE**

**por Baldor 白道 / 2015 1ª edición** JI'IN,

JION y JITTE

demostradas e

ilustrado con

comentarios de texto

por Sensei Baldor 白道

8º Dan /2015 1ª

edición.

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***kata-shotokan-***

**KANKU DEN-** Antonio Revilla (kus)-Gimnasio hattori (Cantabria-España)**Kata** antigua traducida con ayuda de Sensei Tatsuhiko Hattori de **libro ...**

***kata-shotokan-***

**BASSAI DEN-** Antonio Revilla (kus)Gimnasio Hattori (Cantabria),**kata** antigua traducida con ayuda de sensei de SENSEI TATSUHIKO

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HATTORI ...

**20 Principios del  
Karate - Sensei  
Gichin Funakoshi  
[Audiolibro]** Para  
Funakoshi, la práctica  
del **karate** tenía  
mucho más que ver  
con dominar el EGO  
que con el arte  
marcial. En  
**Karate**-do ...

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